



# **Black Hills Ski Team**

## **Code of Conduct**

### **RESPECT**

- BE respectful to all team members, parents, and coaches.
- BE respectful of Terry Peak employees and property.
- BE respectful when racing and training at other mountains.
- BE friendly and helpful with your team members and coaches.
- HAVE a good attitude.
- LISTEN to your coaches, give them your full attention, and do as they say.

### **COURTESY**

- ALWAYS be courteous to other skiers and employees on the mountain.
- NO shoving, pushing, arguing, or talking back.
- DO NOT cut in lift lines. Wait your turn.

### **SAFETY**

- ALWAYS ski in control.
- ALWAYS ski with your group unless otherwise instructed by your coach or a captain.
- ALWAYS tell your coach if you have to leave the group.
- NO tucking, unless part of a training exercise.
- When approaching your ski group, DON'T stop above the group. Stop below the group or off to the side. NEVER "hockey stop" towards others.
- ALWAYS use the safety bar on all lifts that have.
- NEVER ride a lift alone during practice. Always ride with at least one other person.
- DO NOT ski out of bounds.
- DO NOT ski off established runs unless instructed by a coach or captain.
- WEAR appropriate safety gear. Helmets are ALWAYS required. Other safety gear (chin guards, shin guards, hand guards, back protectors) depends on the discipline.
- MAKE sure you have the right clothing and gear to stay warm. Hand and foot warmers, face masks, and proper layers all help to keep you comfortable and safe in the cold.

### **REPRESENTING BHST**

- Team members are expected to conduct themselves in a way that reflects positively on BHST. Team members are responsible for their actions during training, at competitions and camps, at related events, and while traveling.
- BHST members are expected to abstain from illegal use or possession of alcohol or drugs.
- BHST members are expected to abstain from using tobacco and vaping.
- Sexual misconduct of any kind will not be tolerated.

### **DISCIPLINARY POLICY**

- Violations of any of the above may be grounds for suspension or dismissal from BHST.
- The BHST Board of Directors has final say in determining disciplinary action.